



## **B.A.S.E. ® BABYWATCHING**

### **2017 TRAINING DATE FOR GROUP LEADERS (LONDON)**

*B.A.S.E.®BABYWATCHING is a simple, evidenced-based, cost-effective, programme for schools which enables children to develop and strengthen their capacity for empathy. A mother or father and their baby visit a group of children and their teacher/group leader weekly for 20-30 minutes. Guiding them through graded enquiry, the group facilitator enables the children to reflect on how the interaction between mother or father and baby develops. This weekly process has been shown to increase sensitivity and empathy, reduce anxiety and acts of aggression at school and at home, and leads to better sleep and concentration. A truly inclusive approach for whole classes or groups of children. The group leader's training is completed by running a group for a year, supported by a B.A.S.E. ® BABYWATCHING mentor.*

**Friday June 16<sup>th</sup> 2017**

**9.30am (registration) – 5.00pm**

**Fee includes refreshments and lunch**

**Early Bird Fee £75 (by 16<sup>th</sup> April 2017) Standard Fee £100**

**Trainers:** Andrea Perry & Michele Crooks

**Venue:** Baden-Powell House, 65-67 Queen's Gate  
SW7 5JS

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